



Torino, Italy - Somerville (MA), USA

## Packing List For a Weeklong Walking/Hiking trip to Italy

Optional ✓

<b>Bags</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Main Luggage</li><li><input type="checkbox"/> Day Pack (22L - 36L)</li><li><input type="checkbox"/> Pack Cover or Liner</li><li><input type="checkbox"/> Packing Cubes</li><li><input type="checkbox"/> Dry Sack</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	<b>Warm Weather Clothing</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Wicking T-Shirt</li><li><input type="checkbox"/> Trekking Pants and/or Shorts</li><li><input type="checkbox"/> Wicking Underwear</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>
<b>✓ Navigation</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Map &amp; Trail Guides</li><li><input type="checkbox"/> Map Case</li><li><input type="checkbox"/> Compass</li><li><input type="checkbox"/> GPS Device</li><li><input type="checkbox"/> Altimeter Watch</li><li><input type="checkbox"/></li></ul>	<b>Cool Weather Clothing (In Additional To Warm Weather Clothing)</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Wicking Base Layer</li><li><input type="checkbox"/> Wicking Leggings</li><li><input type="checkbox"/> Fleece or Down Jacket</li><li><input type="checkbox"/> Beanie or Balaclava</li><li><input type="checkbox"/> Gloves</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>
<b>Food and Drink</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Snacks</li><li><input type="checkbox"/> Water Bottles and/or Water Bladder</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	<b>Rain Gear</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Waterproof Rain Jacket with Hood</li><li><input type="checkbox"/> Waterproof Rain Pants</li><li><input type="checkbox"/> Waterproof Gloves</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>
<b>Personal Items and Miscellaneous</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Watch</li><li><input type="checkbox"/> Headlamp</li><li><input type="checkbox"/> Walking Poles</li><li><input type="checkbox"/> Multi-Tool</li><li><input type="checkbox"/> Binoculars</li><li><input type="checkbox"/> Towel</li><li><input type="checkbox"/> Tooth Brush</li><li><input type="checkbox"/> Toiletry Bag</li><li><input type="checkbox"/> Wipes</li><li><input type="checkbox"/> Lip Balm</li><li><input type="checkbox"/> Sunscreen</li><li><input type="checkbox"/> Swimming suit</li><li><input type="checkbox"/> Hat</li></ul>	<b>Footwear</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Hiking Boots or Shoes</li><li><input type="checkbox"/> Sandals</li><li><input type="checkbox"/> Reinforced Socks</li><li><input type="checkbox"/> Second Skin® and Band-Aids</li><li><input type="checkbox"/> Foot lotion</li></ul> <b>Safety</b> <ul style="list-style-type: none"><li><input checked="" type="checkbox"/> First Aid Kit</li><li><input type="checkbox"/> Whistle</li><li><input type="checkbox"/> Survival Bracelet</li><li><input type="checkbox"/> Power Bank Pack</li><li><input type="checkbox"/></li></ul>





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<ul style="list-style-type: none"><li><input type="checkbox"/> Long Sleeve Shirt</li><li><input type="checkbox"/> Sunglasses</li><li><input type="checkbox"/> Toilet Paper</li><li><input type="checkbox"/> Hand Sanitizer</li><li><input type="checkbox"/> Insect Repellant</li><li><input type="checkbox"/> Zip Lock Bags</li><li><input type="checkbox"/> Ear Plugs &amp; Eye Shade</li><li><input type="checkbox"/> ID or Passport</li><li><input type="checkbox"/> Printed Copy of Passport or ID</li><li><input type="checkbox"/> Cash</li><li><input type="checkbox"/> Credit Cards</li><li><input type="checkbox"/> Change Of Clothes</li><li><input type="checkbox"/> Trip Itinerary and Tourissimo</li><li><input type="checkbox"/> Contacts Left With A Friend</li><li><input type="checkbox"/> Cell Phone</li><li><input type="checkbox"/> AC/DC Charger</li><li><input type="checkbox"/> International Adapters</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	<p><b>Evening Outfits*</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Lightweight Sweater</li><li><input type="checkbox"/> Shorts/skirts</li><li><input type="checkbox"/> A Pair of Long Pants or Jeans</li><li><input type="checkbox"/> Socks</li><li><input type="checkbox"/> Intimate Clothing</li><li><input type="checkbox"/> Sleepwear</li><li><input type="checkbox"/> Light Jacket</li><li><input type="checkbox"/> Comfortable Shoes for Evenings in Town</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul> <p>*Our style is very casual and comfortable; jacket &amp; tie not necessary, but feel free to bring something dressy if you'd like.</p>
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